

Connected

Speaker: Esther Champion-Howard

Date: Sunday 13th August

Talk title: Philippians – Rejoice! Really? – Pressing On...

Bible verses: Philippians 3:1-4:1 (main focus vs 12-13, 17)

What are the main points?

- Don't stop
- Never give up
- The Ripple Effect

Questions to prompt conversation...

- What did you find most helpful or most challenging from this talk/bible passage?
- What are you dwelling on that you feel you would benefit from ceasing to think about? What difference would it make to you if you can stop dwelling on it?
- What does 'pressing on' to know Jesus look like for you?
- Who are the positive examples in your life and what do they do that makes them a good example?