

Living the lifestyle of Jesus

Living under his easy yoke

Matt 11:28-30 “Come to me, all you who are **weary** and **burdened**, and I will give you **rest**. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Don't try to add Jesus' way to our existing life, put down those burdens and pick up his way of life. Start afresh.

What are you going to hold onto from before this point?

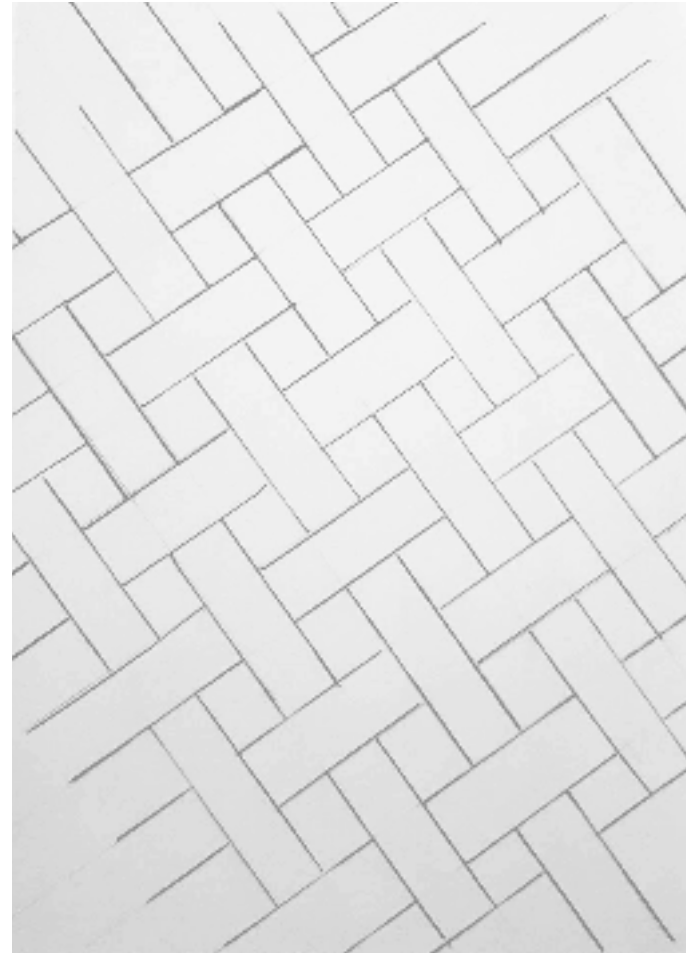
What would you like to change?

Which structure will you put in place to help support your growth?
(a trellis)

Who will you ask to help you in this?

Don't forget the trellis is there to support growth, it's not the growth itself. And living the lifestyle of Jesus is to help our relationship with him grow; it's not about rules or doing things.

Trellis to aid growth



Write on this trellis the things that will support your growth.
Some suggestions for this can be found at
<https://practictheway.org/>