



# Home Church Adventures!

Today's Adventure is...

## BE ready!

(The Armour of God!)

Bzzzzzz



## Well hello to you!

Sundays stuck at home as a family don't have to mean no church!  
Jesus said "where two or three gather in my name, there I am with them." (Matthew 18:20) - and this means at home too! This resource has been created to encourage you and your children to worship and engage with God even when you can't make it to a service. After all, church is the PEOPLE not the PLACE!  
Gather the family together, maybe round the dining table or in your livingroom. Turn off all your electronic devices (tv, gaming, mobiles, - although you might want to use them for some of the video or music clips). Don't worry if you start the session and being prompted to change direction - go with it and enjoy where the Holy Spirit takes you together!

**Have fun!**

## How to use Home Church Adventures...



Included are a range of different ideas - pick and choose what suits your family and the resources you have. Some involve watching something online, some using physical stuff you might have around the house, some might involve printing off the activity sheet (if you can). However, don't let it stop you from getting creative and coming up with your own ideas, games, ways of telling the story, ways of having fun together.



Always pray before you start and ask the Holy Spirit to guide you and lead your conversations.



'Home Church' doesn't need to be long, and it doesn't need to be done all in one session (why not split it over a day into several parts?).

### REMEMBER:

Each family is different! God made each of you in your family unique in their giftings from oldest to youngest.

Listen to each other, involve each other and build each other up.

And DON'T FORGET TO HAVE FUN!



# BE ready! (The Armour of God)

## In this session you might need:

- Plain paper
- Colouring pens, pencils or crayons
- Child-friendly Glue stick or PVA glue, sticky tape
- Device to play Youtube videos
- A computer printer (to print off the activity & colouring sheets)
- Paperplate, dried beans/dried rice
- Dressing up clothes from around the house
- Playsand/ bubblebath and bowl, small objects



## PRAY: (why not ask for a volunteer to pray! Asking God to bless and speak to you today)

Dear Lord Jesus,

Thank you for today. Thank you that you love each of us and always look after us. Thank you that you have great plans for us! Would you please speak to us and help us to listen to what you say. Amen.



## WORSHIP:

You could....

> **DRAW A WORSHIP SHIELD:** Cut out a shield shape from an old, clean cereal packet. Decorate it with worship words, prayers, and drawings!

> **MAKE A PAPERPLATE TAMBORINE:** Take a paper plate. Pop a sprinkle of dried beans or dried rice into the middle of the plate (like you're having a meal...but don't eat these!) Fold the plate exactly in half and seal the edges together with tape. Decorate - and shake to play!

> **PLAY MUSIC:** clips from Youtube of worship songs, or music from Spotify or a CD, and sing along. Ideas:

- On the March - Hillsong Kids
- Full Armor of God - KidSpring Children's Ministry
- My God is so BIG so strong and so mighty

> **HAVE A FAMILY JAMMING SESSION:** play instruments you have or have made - like a paperplate tamborine!



## THE STORY:

> **READ** the passage about the Armour of God, from the Bible. (we recommend NIV or International Children's Bible):

**Ephesians 6 v 10-18** (OR read the story from a Bible picture book you already have.)

> or **WATCH** a story cartoon on Youtube.

On Youtube, search for

- 'Bible Stories for Toddlers The Armor of God' (Saddleback Kids) - suitable for younger ones
- 'God's Story - The Armor of God' (Crossroads Kids Club)

Q: Which is your favourite part of the story? Why?

Q: Which is your favourite bit of the 'Armour of God'?

God is always with us and promised that he would always provide what we need. Every day we face a battle to make good choices and live God's way - God's Enemy is always trying to trick us and stop us. If we are God's followers we are like soldiers in his army battling against God's Enemy! God has shown us in the Bible different ways to help us live how God wants us to. Just like a Knight wears metal armour to protect different parts of their body, God's Armour protects us from God's Enemy and sin - like we are putting on protective Armour!



# BE ready! (The Armour of God)



## ACTIVITIES with stuff:

- > **MEMORISE IT!:** See if you can memorise the words of the verse:  
*Be strong in the Lord and in his mighty power. Put on the full armour of God so you can fight against the devil's evil tricks. Ephesians 6 v 10 & 11*  
Can you tell it to another person, without looking at the words and reading it?
- > **DRESS UP IN ARMOUR:** Dress up in the 'Armour of God'! You could use dressing up bits, clothes from round the house and maybe even make parts from cardboard!
- > **PLAY READY STEADY....:** Take it in turns to be the 'Challenger'. The challenger decides a simple action or activity that the rest of the group have to do. They say 'Ready, steady, Go!' and everybody does the challenge (you could make it a competition to see who could do it first!). Ideas: Stand on one leg for 5 secs, find a hat, do a forward roll on the floor, pull a silly face etc.
- > **DIG IT OUT!:** Hide small objects (nothing precious!) in a sandpit, or a bowl filled with bubbled up bubble bath. Have fun finding all the hidden objects and getting messy. (Idea: alternatively you could use kid-friendly spray wash foam - like shaving foam, or dried rice)
- > **MAKE A WOODEN SPOON ARMOUR OF GOD CHARACTER:** (See Xtra sheet)



## ACTIVITY with printout:

- > **PRINT OFF** the colouring sheet, enjoy completing and display somewhere to encourage others!



## PRAYER / RESPONSE:

- > **PRAY FOR EACH OTHER:**  
...Each person, pick another family member to pray for and ask God to help them to put on Gods Armour to protect them today.
- Q:** How might you putting on God's Armour help you each day?  
...Talk to God and say 'Thank you' for how he looks after you and gives you everything you need.  
...then 'Please speak to me. Help me to listen and do what you say.' Why not take a moment to be quiet and listen to what God might say.  
Remember: Every answer is important to God, so listen to each other and encourage each other.
- You could also...
- > **REMEMBER IT:** How many parts of the 'Armour of God' can you remember?

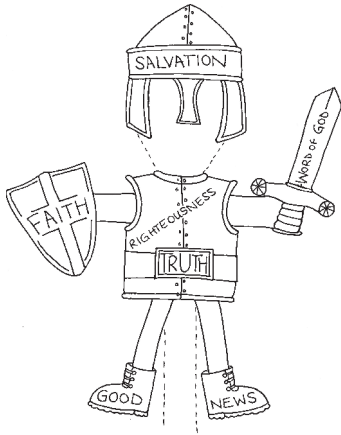


DON'T FORGET! You can share photos of your family doing the Home Church Adventures on our Facebook page - to bless and encourage others!  
FB: [Adventuresincolouring](#)



# XTRA BE ready! (The Armour of God)

## Make an Armour of God spoon character!

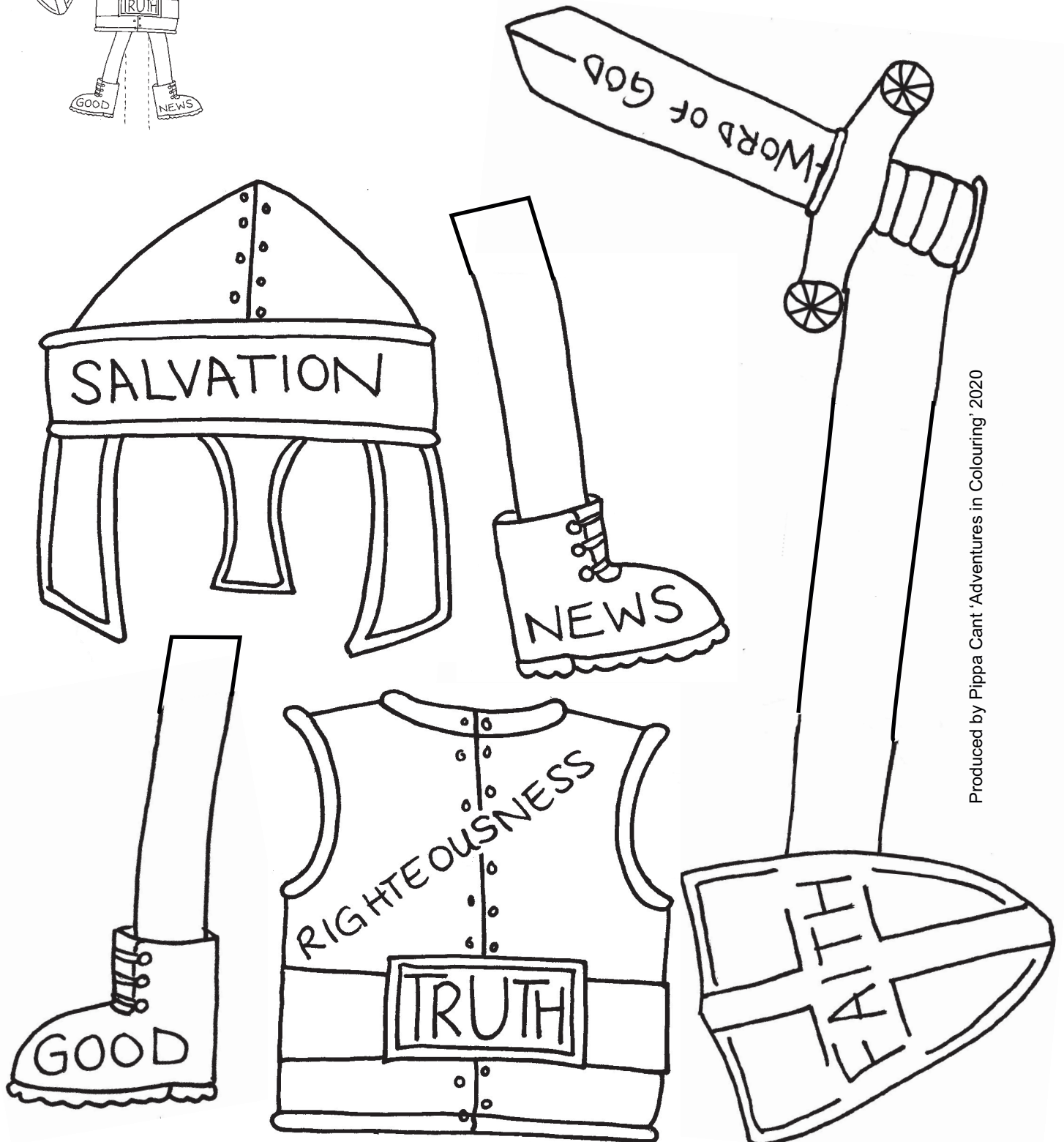


### You will need:

- > An old, clean wooden spoon
- > Felt tip pens/ crayons or coloured pencils
- > Child-friendly glue (stick or PVA) & sticky tape
- > Scissors

### How to...

1. Print out the 'armour' shapes below (card makes them more robust), colour them in, and cut out.
2. Draw a face onto the bowl of the spoon.
3. Stick all the 'armour' shapes in the relevant places!
4. PLAY!







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Ephesians 6v10